

DEPARTMENT OF THE AIR FORCE
Headquarters US Air Force
Washington DC, 22330

Change 2
CFETP 1C2X1
1 June 2003

CAREER FIELD EDUCATION AND TRAINING PLAN
COMBAT CONTROL
1C2X1

Change Page 19, Para 10.1.1.5.1 to read "...*Examination and Standards* and the physical conditioning standards as defined in CFETP, Attachment 1 (Part II, page 43).".

Change Page 20, Para 10.1.1.5.5.2. to read "Physical qualification and maintenance of personal physical standards as defined in CFETP, Attachment 1 (Part II, page 43)."

Print Page 2 of this document and attach to the back of the CFETP as page 43 of the Part II.

BY ORDER OF THE SECRETARY OF THE AIR FORCE

OFFICIAL

RONALD E. KEYS, Lt General, USAF
DCS/Air & Space Operations

CFETP 1C2X1

Attachment 1

Combat Control Apprentice Physical Training Standards

1. General. Superior physical conditioning is a cornerstone of combat effectiveness. Combat Control pipeline emphasizes physical training to assure that apprentice course graduates have the temperament and potential to meet the intense physical challenges inherent in the 5 level upgrade process and the specialty at large. Efficient training of combat controllers from initial Air Force entry through Apprentice (3 level) and Journeyman (5 level) is a complex, multi-command effort. Use these standards as the core Training Reference (TR) for Special Training Standard (STS) line task “1.3.9. Maintain Physical Training Standard” as that task is applicable to the 3-level training pipeline. This document does not specify the order of performance of the evaluation. Locations may administer events in any order necessitated by logistics as long as the calisthenic exercises are administered in the order specified. Order of events for the PAST may be specified in training advisory or other guidance.

Event	Push -Ups	Sit- Ups	Chin/ Pull- Ups	Run	Swim	Rucksack	Obstacle Course
Combat Control Orientation Course, Lackland AFB, TX (2 wks)							
GTEP PAST (1)	42	50	6	11:30/1.5mi	15:00/500mtr	N/A	N/A
Entry PAST (2)	35	35	5	11:30/1.5	No Limit 500mtr	N/A	N/A
Pipeline SAT(3)	A/S	A/S	A/S	A/S	A/S	N/A	90% (8)
Combat Control Operator Course, Keesler AFB, MS (15 wks)							
Entry PAST (4)	42	50	6	11:30/1.5mi	15:00/500mtr	N/A	N/A
30 Day	46	55	7	25:00/3mi	36:00/1500mtr (10)	N/A	N/A
60 Day	51	61	8	24:00/3mi	35:00/1500mtr (10)	N/A	N/A
Exit	56	67	9	23:30/3mi	34:00/1500mtr (10)	45:00/3mi (5)	N/A
Combat Control School, Pope AFB, NC (13 wks)							
Entrance (9a)	56	67	9	23:30/3mi	34:00/1500mtr (10)	45:00/3mi (6)	N/A
Mid (9b)	60	71	10	23:00/3mi	33:00/1500mtr (10)		N/A
Exit (9c)	64	75	11	22:30/3mi	32:30/1500mtr (10)	5hr/15mi (7)	90% (8)

- Notes: (1) GTEP PAST applies to Guaranteed Training Enlistment (GTEP) candidates entering Air Force for CCT.
(2) Entry PAST applies to Non-Prior Service (NPS) candidates recruited during BMT (CCO Pre-requisite).
(3) Students Awaiting Training (SAT) in further courses receive appraisals per Applicable Standard (A/S).
(4) CCOC PAST is a performance appraisal only to gauge level of physical training progression.
(5) Rucksack march is performance appraisal conducted in PT gear and boots with 50lb rucksack load.
(6) Rucksack march is performance appraisal, conducted in fatigues and boots with 50lb rucksack load.
(7) Rucksack march conducted in fatigues/boots as a Mission Essential Training (MET) go/no-go event.
Mission 70lb combat equipment load includes: Rucksack (radio/equip load), LBE, and Weapon.
(8) Successful unaided completion of 90% of obstacles is conducted as a performance appraisal.
(9) Conducted using criteria detailed in AFI 13-219; standards reflect stair-step, 10%, pipeline progression.
(a) Performance appraisal of physical capabilities conducted at course start.
(b) Performance appraisal of progression prior to land navigation field training maneuvers.
(c) Final physical performance evaluation, conducted prior to apprentice course graduation. This evaluation is normally conducted prior to the course culminating Field Training Exercise (FTX).
(10) Swims (except PAST) are conducted using free-style/fin, fin only or Combat Diver Recovery Stroke.